

Suicide Risk Assessment Field Guide

I. Suicide Risk Assessment Record Document of Citizen Comments and Behaviors

NOW

Suicide Status (Ideas-Plan-Means)

Hopelessness & Negative Self-Evaluation

Hostility

PAST

Suicide Status (Prior Ideas, Plans, Attempts)

Hopelessness & Negative Self-Evaluation

Hostility

FUTURE

Suicide Status (Can't identify an alternative)

Hopelessness & Negative Self-Evaluation

Hostility

Relevant items may be checked



I. Hopelessness

Too much responsibility
So lonely
Not able to do things well
No one will miss me if I'm gone
People expect too much
I don't have many friends
Feel hopeless
People do not approve of me
Worry about money
Tired and listless
I can't be happy

II. Suicide Ideation

Think things too bad to share
To punish I think of suicide
I need to punish myself
Not worth continuing to live
People better off if I were dead
Less painful to die
Thought of how to do myself in
I think of suicide

**III. Negative Self-Evaluation
(Reverse Items)**

People care for me
People appreciate the real me
People will be sorry if I die
Things go well for me
I plan for the future
Close to my mother
Close to my mate
Close to my father

IV. Hostility

I get mad I throw things
Tend to be impulsive
Feel hostile
Feel isolated
Others hostile toward me
Trouble keeping a job
I get mad I break things

**THE SUICIDE RISK ASSESSMENT RECORD IS INTENDED FOR INCLUSION IN
MEDICAL & LAW ENFORCEMENT RECORD KEEPING SYSTEMS**

This form is intended to document observations of behavior in the field (ie, citizen actions and comments). It draws heavily on the Suicide Probability Scale (Cull & Gill, 1992) and the research upon which it is based. Truncated versions of the scale questions are grouped by category in the right margin and are intended to serve as prompts to inquiry.